



Worksite Wellness Workshop

Mission of the Center for Well-Being: *To promote the well-being of the whole person by empowering people with the knowledge, skills, and spirit to take responsibility for personal, family and community health.*

Date: Tuesday, December 13th, 2016 **Time:** 8:00 am – 10:00 am

Location: Center for Well-Being 101 Brookwood Suite A Santa Rosa, CA

Desired Meeting Outcomes:

- Expand knowledge around worksite wellness compliance
- Build connections among different worksites
- Worksites feel empowered to share successes and challenges regarding worksite wellness

Topics	Speakers	Time
Meet and Greet	Ariel Muirhead, RDN Center for Well-Being	8:00 am
Introductions	Ariel Muirhead, RDN & Jennifer McClendon MPH Center for Well-Being	8:15 am
Employee Wellness Compliance	Jennifer Chung, Esq. Woodruff Sawyer & Co.	8:30 am
Questions for Presenters & Sharing About Local Worksite Wellness Programs	Jennifer Chung, Esq & Sandi Leung Woodruff Sawyer & Co. Ariel Muirhead, RDN Center for Well-Being	9:30 am
Closing Remarks	Ariel Muirhead, RDN & Jennifer McClendon, MPH Center for Well-Being	9:45 am

Today's speaker will discuss what work places can do to maintain compliance as well as what is non-compliant regarding worksite wellness. Specifically, Jennifer will present on HIPPA, ACA, GINA and other legislation compliance. She will provide examples, statistics and case studies to illustrate further information.



Speaker Biographies:

Jennifer Chung, Esq. | Vice President, Senior Compliance Officer Woodruff Sawyer & Co.

As the company's senior benefits compliance officer and lead ERISA counsel, Jen manages the benefits compliance team and drives the strategy and development of our benefits compliance policies, processes and training. She works closely with our account teams to help ensure that we have appropriate compliance resources to meet client needs when navigating through the complex benefits legislative terrain, such as ACA, COBRA, HIPAA, and other legislation.

Jen's background includes advising small and large companies on complicated qualified retirement plan and health and welfare plan issues. She has considerable experience with corresponding to and defending clients against government agency inquiries, such as Department of Labor audits. Prior to joining Woodruff-Sawyer, Jen worked at TriNet as lead benefits corporate counsel, implementing and developing compliant processes and standard operating procedures for plans with tens to hundreds of thousands of participants. She helped strategize, design and implement ACA compliance support for clients, such as tracking measurement and stability periods, evaluation of Applicable Large Employer status and reporting under Code Section 6056. Jen developed her benefits expertise as an ERISA attorney at Trucker Huss, a premier ERISA law firm in San Francisco, and further expanded her breadth of benefits experience at Orrick, Herrington and Sutcliffe as a managing attorney. Jennifer graduated with a bachelor's degree from the University of California at Berkeley and has a juris doctorate from the University of San Francisco School of Law.

Sandi Leung | Vice President, National Platform Resources Woodruff Sawyer & Co.

Sandi has over 15 years of experience working with clients to develop effective solutions for their benefits programs, including program management, customized wellness solutions and strategies in consumerism. She manages Woodruff-Sawyer's Employee Benefits Platform Resources division, whose purpose is to build and maintain a robust platform of resources for clients in compliance, technology and employee communications. Sandi is passionate about creating access, workflow and expertise that will enable our account teams to better serve clients. Prior to joining Woodruff-Sawyer in 2005, Sandi served at brokerage firms Marsh and Mercer. She graduated from the University of California at Berkeley with a bachelor's degree in economics.