



# Celebration of Dreams

*An evening of gratitude under the harvest moon,  
celebrating 29 years of advancing health equity for all!*

September 23<sup>rd</sup> 2023 | 5 PM – 10 PM

Sova Gardens, Sebastopol, CA

The Center for Well-Being is thrilled to announce the return of our in-person annual event Celebration of Dreams. This year we come together to celebrate our gratitude for the many partners like you who have supported us in achieving our mission of improved community health for all.

All proceeds enable us to provide FREE access to our life-changing programs and services.



# CELEBRATION OF DREAMS

## 2023 Fundraising Donation Request

Dear Friend of the Center,

The Northern California Center for Well-Being is a 501c (3) non-profit organization committed to empowering health and wellbeing for everyone in our community. For almost 30 years we have radically improved quality of life through our evidence-based programs and services, and each year we serve **25,000** community members.

We help individuals and families of all ages thrive, and our programs include specialty clinical services like medical nutrition therapy and Sonoma County's only cardiac rehab – in addition community-based programs like family and senior health education, youth leadership development, school-based physical activity, tobacco prevention, and community health worker training and engagement – all of which help us achieve our mission of advancing health equity in Sonoma County!

Best of all – because of the generous support of donors like you – all of our programs and services are FREE for all who need them.

This year we are launching our first in-person fundraiser since the pandemic – Celebration of Dreams – and **the Center requests a donation from you that we could include in our silent and live auctions.** All proceeds from the auctions will help raise funds for the Center's scholarship fund and outreach programs.

To donate to us, or for more information about the Center for Well-Being and how our services can be of assistance to you and your company, please don't hesitate to reach out!

Thank you in advance for your support a healthier Sonoma County for ALL!

Sincerely,

Karissa Moreno, MA  
Executive Director  
[kmoreno@nccwb.org](mailto:kmoreno@nccwb.org)



# DONATION FORM

Business Name: \_\_\_\_\_

Contact Name: \_\_\_\_\_

Contact Phone Number: \_\_\_\_\_

Contact email: \_\_\_\_\_

Business Address: \_\_\_\_\_

City, State, ZIP: \_\_\_\_\_

Description of Donated Item(s): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Dollar Value of Gift: \_\_\_\_\_

***Please mark Delivery/Pick Up preferences below:***

The item will be delivered to the Center on \_\_\_\_\_ (date)

Please call us to arrange pick up. Our preferred days/times are: \_\_\_\_\_

Please create a gift certificate for this donation. Expiration date: \_\_\_\_\_

Donation Enclosed: \_\_\_\_\_

*On behalf of the families of Sonoma County that we serve, we thank you for your donation!  
Your contribution is tax-deductible as the Center is a 5013c nonprofit organization Tax ID 93-1144835. Your  
generosity will be recognized in our list of contributors unless you wish your gift to remain anonymous.*

**Please mail, email, or fax this form to:**

Center for Well-Being  
500 Doyle Park, Suite 304A, Santa Rosa, CA 95404  
Phone : 707-575-6043 | Fax: 707-575-1060 | Email: info@nccwb.org





## INVEST IN HEALTH AND WELL-BEING!

The Northern California Center for Well-Being is a 501c (3) non-profit organization committed to empowering health and wellbeing for all. For almost 30 years we have radically improved quality of life through our evidence-based programs and services, and each year we improve the lives of **25,000** community members.

Our programs include medical nutrition therapy, cardiac rehab, family and senior health education, youth leadership development, school-based physical activity, tobacco prevention, health awareness campaigns, and community health worker training – all of which help achieve our mission of advancing health equity for all!

Your investment enables us to do more for more people – as all of our programs are provided in English and Spanish, and they are offered to everyone, regardless of ability to pay.

[\*\*CLICK HERE TO DONATE!\*\*](#)

Tax ID # 93-1144895

Norcalwellbeing.org | PO Box 3644 Santa Rosa, CA 95404 | 707.575.6043 | info@nccwb.org